Genital Dermatology

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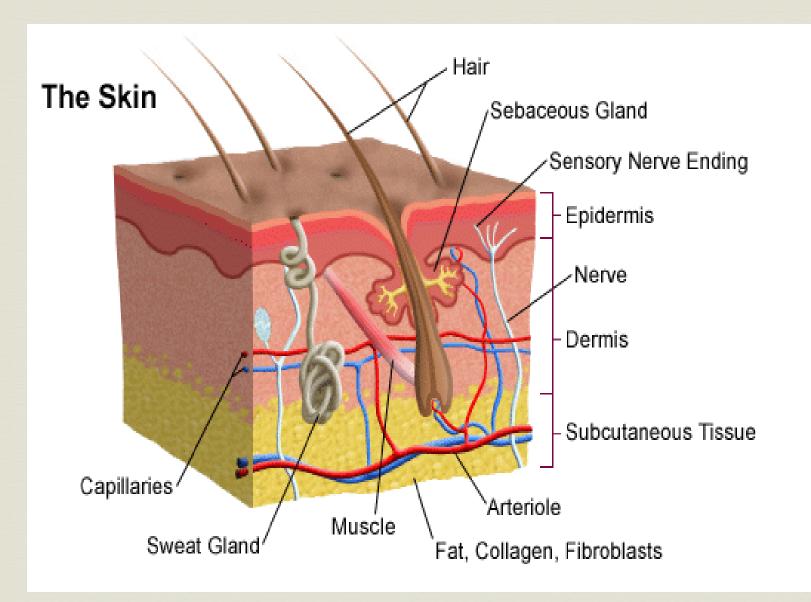




RNo conflicts of interest

Objectives

- Real and the second sec
- CR List appropriate diagnostic approaches to common genital dermatological conditions.
- Describe appropriate management of common genital dermatologic disorders.
- Real Demonstrate good local anesthetic perfusion technique.
- Rerform a skin biopsy with skill and precision.
- Real Perform basic interrupted suture insertion.

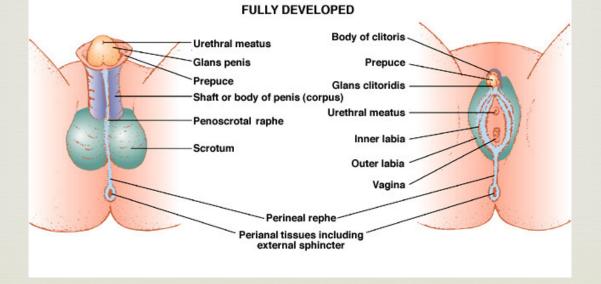


Comparative Anatomy



Hyde/DeLamater Understanding Human Sexuality, 6e. Copyright © 1997. The McGraw-Hill Companies, Inc. All Rights Reserved.

Development of M/F External Genitals



Variants of Normal





Vulva

Shaft of Penis

Fordyce spots

Variants of Normal





Benign papillae

Variants of Normal



Physiologic hyperpigmentation

Algorithm for Diagnosis of Genital Disorders

Are there visible changes?

- 3 No, only symptoms
 - R Pruritus
 - R Pain
- **V**B Yes
 - Real Activities Activi
 - R Pustules
 - R Blisters
 - R Ulcers
 - Resions are red, but epithelium is intact

 - Reputes and nodules
 - - 🛯 Skin colored

 - Rown/black/blue

Edwards & Lynch (2011) Genital Dermatology Atlas, LWW

Pruritus

Real Antiopathic

Tissue appears normal
Characterized by scratching or rubbing
Itch-scratch cycle
Probably a subclinical variant of atopic dermatitis

Atopic dermatitis

- Allergic IgE reaction to common environmental
 - allergens (eczema)
- History of allergies or asthma
- Localized form: Lichen Simplex Chronicus

Red Plaques and Patches

 Atopic dermatitis
 Contact dermatitis
 Irritant Contact dermatitis
 Allergic contact dermatitis
 Seborrheic dermatitis **R** Psoriasis **R** Tinea cruris **R** Erythrasma **R** Candidiasis **R** Lichen planus Real Extramammary Paget disease **R** Intraepithelial neoplasia

Lichen Simplex Chronicus



Lichen Simplex Chronicus

Cause: not known, probably genetic predisposition 3 Heat, sweat triggers Real Diagnosis: Based on clinical findings Real Biopsy not very helpful in finding underlying problem

Consider:

- ₩et mounts: rule out candidiasis
- Realize the set of the

Lichen Simplex Chronicus

Management Goals:

- Reduce triggers in local environment
- Restore normal barrier layer function
- <mark>ন্থে Reduce</mark> inflammation
- Stop itch-scratch cycle

- Reathable fabrics
- 🛯 Weight loss
- Manage fecal, urinary, vaginal secretions

- Topical steroids (ointment, high potency) for a month or until clinical improvement

Antihistamines

Irritant Contact Dermatitis

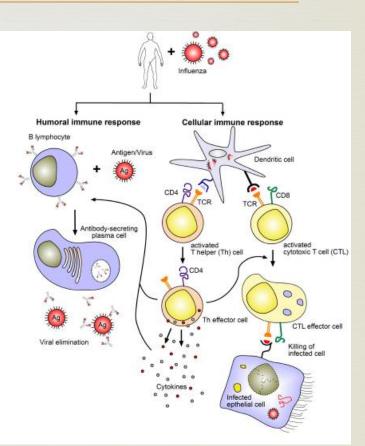
- Reczematous reaction to a substance on the skin
- ন্থ Most data on women
- Real Arritation, soreness, rawness
- Wrine, feces, soap, antifungal creams, panty liners, spermicides

- Identify and eliminate irritants
- Mid-potency topical steroid
- Real Barriers: zinc oxide, lubricants
- Rage Tepid soaks

Allergic Contact Dermatitis

 Immunological response
 Cell-mediated delayed hypersensitivity reaction

- OTC preparations: benzocaine, bacitracin, spermicides, parabens, fragrances
- A Latex: IgE response, immediate reaction



Seborrheic Dermatitis/Intertrigo

CR Located where moisture is retained (sweat, urine) **Maceration R** Skin folds Crural folds **3** Axillae **Umbilicus** R Indistinct margins Red patches and scale R Diagnosis: Clinical

- Can have superimposed candida
- 🛯 Management
 - Reduce heat and moisture
 - Topical corticosteroids
 Hydrocortisone 1-2.5%
 Triamcinolone 0.1%
 - Topical ketoconazole cream BID

Seborrheic Dermatitis/Intertrigo





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Candidiasis

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Candidiasis

CR Diagnose with KOH prep



- A Management:
 - Cost Eliminate heat, moisture
 - Topical azoles BID until clear
 - Attention to DM, obesity, immunocompromised patients

Tinea Cruris

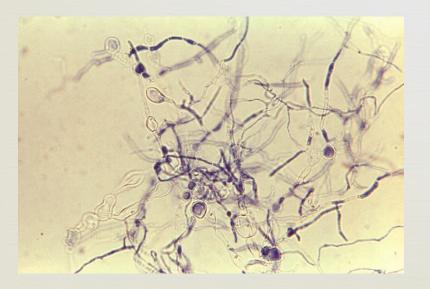






Tinea Cruris

CR Diagnose: CS KOH prep from skin scraping



A Management:

- Constraints Topical azoles 1-2x day until clear
- Hair follicle involvement: oral therapy (i.e. fluconazole 100-200mg/day for 1-2 weeks)
- Constraint Topical triamcinolone0.1% first few days

Erythrasma

Real Mimics tinea cruris Real Found mostly in men Representation of the second s and crural crease Scrotum, penis, vulva usually not affected **Corynebacterium** minutissimum, bacteria prevalent in warm environments

R Diagnosis:

- Wood's light fluorescence (coralpink)
- Megative KOH prep

Treat with Erythromycin 500 mg BID for 1-2 weeks



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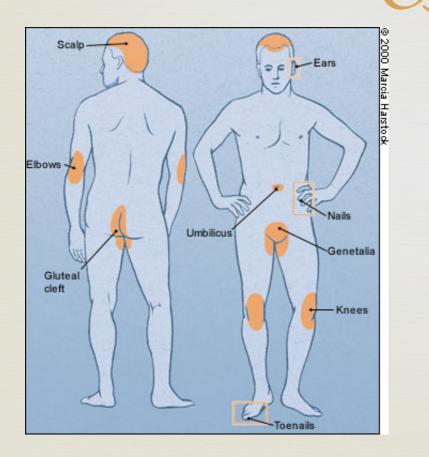






- Affects 2-3% of people
- CR Onset: young adults
- CR Etiology: genetic, autoimmune, environmental
- Contributing factors: alcohol, smoking, obesity, medications (NSAIDs and lithium)
- Rapid proliferation of epidermis
- Associated arthritis

- Realized Plaques and silvery scales on scalp, elbows, knees, gluteal cleft, genitals
- ৰে Inverse psoriasis: skin folds
- **Genitals**
 - Women: affects hairbearing areas (vulva)
 - Men: glans, shaft, scrotum, groin











R Diagnosis: **Other** psoriatic lesions? 🛯 Biopsy helpful, but can be nonspecific in older lesions Megative fungal scrapings/cultures 🛯 No response to antifungal medication

A Management:

- Potent topical corticosteroids with tapering doses
- Ultraviolet light of little use to genitalia
- Oral methotrexate
- Immunosuppressant agents

Lichen Planus

Different clinical presentations
 Autoimmune disorder, cell-mediated
 Usually self-limiting
 Resolves in few years



Lichen Planus



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Lichen Planus

Cal Diagnosis:
Clinical findings
Biopsy
Differential: Bowen disease, candidiasis, psoriasis, herpes

Ranagement:

- Cost Topical corticosteroids (clobetasol 0.05% and taper down)
- Short burst of oral prednisone if needed

Plasma Cell Mucositis

Poorly understood
Onset after puberty
Deep red solitary plaque
May erode, bleed
Related to lichen planus? CR Diagnosis by biopsy
CR Management:
Mo good therapy
Circumcision
Circumcision
Potent topical steroids?
Imiquimod?
CO2 or YAG laser?

Plasma Cell Mucositis

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Extramammary Paget's Disease

- Real Primary or secondary forms
- ন্থ Onset: usually >50
- Real More common in women
- R Initial symptom: pruritus
- Resentation:
 - Well demarcated red plaque
 - Rough, scaling or moist surface
 - White thickened islands
 - 🛯 Erosions





Extramammary Paget's Disease

Clinical suspicion
 Resembles benign skin disorders and Bowen's disease

🛯 Biopsy



Management: excision <1 mm invasion: good prognosis

- CR Laser, radiation, imiquimod
- >1mm invasion: node evaluation

 - Revaluate for GU/GI malignancy

Intraepithelial Neoplasia

 Non-invasive but full thickness dysplasia
 Many types
 HPV-related
 Bowen's disease: older
 Presentation
 Well-demarcated plaques, scaling, hyperkeratosis









Intraepithelial Neoplasia

Bowen Disease/VIN/PIN C Undifferentiated: G HPV 16, 18, 31, 33 G 2/3 – full thickness C Differentiated: G Lower 1/3 of epithelium S No HPV link Lesions may be accentuated with 5% acetic acid
 White, red, skin colored plaques
 Diagnosis: biopsy
 Management: surgical, imiquimod, laser

Red Papules and Nodules

 Folliculitis
 Keratosis pilaris
 Bites & infestations
 Angiomas, angiokeratomas
 Prurigo nodularis

Pyogenic granuloma
Urethral caruncle
Vulvar endometriosis
Hematoma
Kaposi Sarcoma

Keratosis Pilaris

 Common in children, disappears in 4th decade **R** Clusters of papules Real Excess keratinization of outer hair follicles **R**Noninfectious **R** Management 🕝 Bath soaks/loofah **Moisturizer**



Bites & Infestations



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Rect bites on genitals are rare

Almost exclusively in males

R Presentation

 Red-brown domeshaped papules
 Glans, shaft, scrotum
 Diagnosis: biopsy
 Management: scabicide

Cherry Angiomas & Angiokeratomas





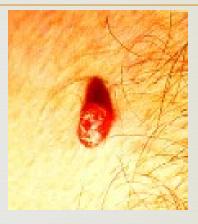
Prurigo Nodularis (Picker's Nodules)



- Results from chronic scratching, picking
- May have underlying folliculitis
- R Diagnosis: Biopsy
- R Differential: Scabies
- R Treat:
 - Intralesional triamcinolone
 - Cost Liquid nitrogen
 - Mighttime sedation
 - SSRIs SSRIs

Pyogenic Granuloma

 Benign neoplasm
 Cause unknown, may be second to trauma
 Pregnancy
 Management: shaved excision





Urethral Caruncle & Prolapse





Vulvar Endometriosis



- Cyclic enlargement and pain with menses
- Implantation may occur during parturition
- ᢙ Diagnosis: presumptive, by clinical presentation
- May require hormonal suppression



Kaposi Sarcoma



Figure 1: Numerous violet papules and nodules grouped in the glans penis





Crohn's Disease



Asymmetrical edema
Linear ulcers
Fistulae
Also: skin tags, papules, nodules

Pustular Lesions

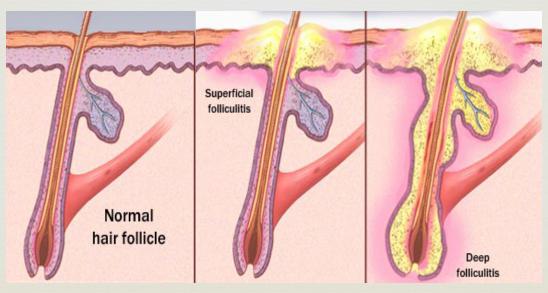
Folliculitis
 Furuncles
 Carbuncles
 Hidradenitis
 suppurativa

Solid lesions that appear pustular: Epidermal cysts Molluscum contagiosum

Folliculitis

Etiology: bacterial, fungal, or irritant inflammation of follicle

R Superficial



Folliculitis

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Folliculitis

Real Irritant: shaving Real: middle aged and older men (tinea) Real Bacterial: Staphylococcus 🛯 No known risk factor C Pseudomonas R Bathing suits Real Hot tubs

- R Diagnosis
 - Clinical presentation
 - Culture Culture
- 🛯 Management
 - Bacterial: oral, topical antibiotics
 - 🛯 Fungal: oral antifungal
 - Irritant: avoid shaving
 - R Loose, cool clothing

Furuncles

Involves deeper follicle
Red, painful nodules
Rupture and drain
More common in immunosuppression, diabetes



Furuncles

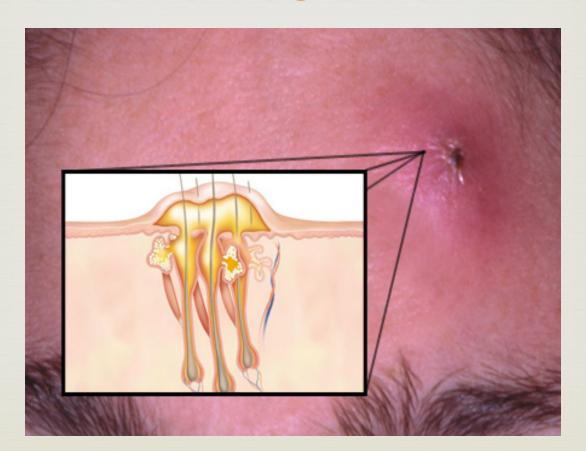
R Diagnosis: Clinical presentation Culture: S. aureus Real Clinical confusion: **G** Hidradenitis and axillary areas R Has comedones and scarring flora

Management
 Oral antibiotics
 Clindamycin
 Warm soaks
 Incision and draining



Carbuncles

(%



Hidradenitis Supperativa

- Construction of skin folds
- Affects groin, axillae, inner thighs, vulva, scrotum
- Occurs after puberty
 Strong association with smoking



Hidradenitis Supperativa



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Hidradenitis Supperativa

R Presentation S Fluctuant, draining nodules **US** Location Sinus tracts and scars **Comedones Wide** range of severity R Diagnosis Clinical presentation Chronicity

- Ranagement
 - I&D of fluctuant lesions
 - Oral antibiotics
 - Surgical excision of affected areas
 - Hormonal: high estrogen contraceptives (0.035mg), spironalactone
 - Oral retinoidsIsotretinoin

Epidermal Cysts

- CR Obstructed hair follicles that are distended with keratin
- ₩ White, skin colored, or yellow
- CR Occasional inflammatory response from keratin
- Real No treatment necessary





Molluscum Contagiosum

- May be transmitted sexually
- ন্থ Genitals, thighs
- CR Domed papules, may be umbilicated
- <u>ন্থ</u> May be inflamed, pruritic
- R Poxvirus
- Resolve spontaneously
- ন্থ May use topical destruction, imiquimod





Erosive and Vesicular Lesions

R Herpes Simplex **R** Impetigo **R** Pemphigus Reality-Hailey disease Real Bullous erythema multiforme Reference Fixed drug eruptions Rauma/artifact **Malignancies**



Herpes Simplex

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Herpes Simplex

 Clinical appearance can be confusing
 Vesicular and erosive presentations
 Differentiate from other ulcerative disorders, folliculitis
 Culture: false negatives
 PCR: test of choice Serology:
Consult CDC guidelines: Type 2
Conversion at 6 weeks
Up to 80% of population with positive IgG for HSV

CDC Guidelines on HSV 2 Serology

Appropriate for: Recurrent/atypical symptoms and negative cultures

- Clinical fit, no lab confirmation
- Real Partner with genital herpes

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CDC. STD Treatment Guidelines, 2010 (Dec.17, 2010) MMWR, vol.59, No. RR-12.

Herpes Simplex





Impetigo

S. aureas **R** Fragile blisters Round lesions with collarettes Streptococcus spp. Diagnosis R Clinical suspicion Management Antibiotic therapy (clindamycin)





Pemphigus

Pemphigus vulgaris

- Autoimmune intraepidermal disorder
- Mucosal flaccid blisters and superficial erosions
- 🛯 Later stage: hyperkeratotic skin
- R Cervix: Pap may show LGSIL
- Renis: on glans, corona, distal shaft

Diagnosis: biopsy

Management: systemic steroids



Pemphigus Vulgaris & Vegetans



Large erosions heal without scarring

Superficial crusting plaques of vegetans

Bullous Pemphigoid



- Common autoimmune blistering disease
- Intense pruritus precedes blisters
- Rare genital involvement
- 🛯 On keratinized skin
- 🛯 Onset: elderly
- Diagnosis:
 - 🗷 Biopsy
- Management:
 - Correction of the system of

Hailey-Hailey Disease





Familial pemphigus Recurrent small blisters and crusted erosions Sites: intertriginous zones, perianal area Revolve into thickened macerated plaques Diagnosis: Shape, FHx, Bx Management: supportive Correct Topical/oral antibiotics High-potency topical steroids

Hailey-Hailey Disease

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Bullous Erythema Multiforme

- থ Stevens-Johnson Syndrome
- R Hypersensitivity reaction
- Relf-limiting
- Realistering forms may affect mucosal surfaces
- Rupture quickly leaving erosions
- Heal quickly after inciting agent is removed
- ব্ব Scarring can be severe
 - 🛚 Vaginal synechiae
 - Penile phimosis (uncircumcised)



Fixed Drug Eruptions

On keratinized skin:

- Rell-demarcated
- Real Edematous, erythematous, round
- On mucosal areas:
- ন্থ Blister and erode quickly
- 🛯 Shape irregular
- Real Burning

- Diagnosis:
- Real History of recent drug ingestion
- R Biopsy
- Management:
- Identification and elimination of offending medication

Fixed Drug Eruptions



Traumatic Lesions

Diagnosis:
History: event is immediately painful
Typical insults:
Chemical burn
Chemicals in creams
Thermal
Surgery
Zippers
Bites

🛯 Miscellaneous



Management: soaks, infection control, pain treatment

Traumatic Lesions





Erosive Malignant Lesions

Basal Cell Carcinoma

- Real And Anticidence in fairskinned, older
- R Itching
- Rolled edges, telangiectasias
- R Local invasion and necrosis
- Rare metastases
- R Diagnosis: biopsy
- R Treat: local excision

Squamous Cell Carcinoma

- Sites of chronic inflammation or HPV
- Ages >65 more common
 Ages
 →
 Age
 Age
- Red or skin colored plaques that erode
- 🛯 Diagnosis: biopsy
- Real Management: surgical

Erosive Malignant Lesions

Basal Cell Carcinoma



Squamous Cell Carcinoma



Other Ulcerative Lesions

Syphilis

Chancroid







Other Ulcerative Lesions

Granuloma Inguinale





Lymphogranuloma Venereum



Other Ulcerative Lesions

Aphthous Ulcers



Behçet Disease



Non-Red Lesions

White lesions

R Vitiligo

- Rest-inflammatory hypopigmentation
- <mark>ন্থে Lichen sclerosis</mark>
- 😪 Lichen planus
- 🛯 Lichen simplex chronicus
- 🛯 White sponge nevus
- 🛯 Intraepithelial neoplasia
- Repidermal cysts
- Real Molluscum contagiosum

Skin-colored lesions Genital warts R Condyloma latum **R** Molluscum Skin tag (acrochordon) 🐼 Intradermal nevi **R** Lipomas Real and squamous cell carcinomas

White Lesions

Vitiligo

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Lichen Sclerosis

Females ← Childhood and postmenopausal ← Labia minora, clitoris, labial sulci (hourglass)

Males Childhood and later life White papules and plaques on glans, prepuce, shaft





Lichen Sclerosis

- Repidermal atrophy
- **Crinkled** appearance
- Ecchymosis from easily damages vessels
- Scarring of clitoral hood and uncircumcised male prepuce
- Shrinkage/loss of labia minora
- Rected Mucosa not affected
- Real Extragenital sites: back, wrists, shoulders

A% chance of squamous cell cancer in long standing untreated LS



Lichen Sclerosis

Etiology

- CR Lymphocyte-mediated inflammation
- 🛯 Autoimmune disorder?

Diagnosis

- Real Resentation
- Real Biopsy of crinkled or ecchymotic area

Management

- Apply nightly
- Reduce frequency with symptom improvement
- Men: usually require circumcision
- R Careful long term follow up

Intraepithelial Neoplasia





White Sponge Nevus

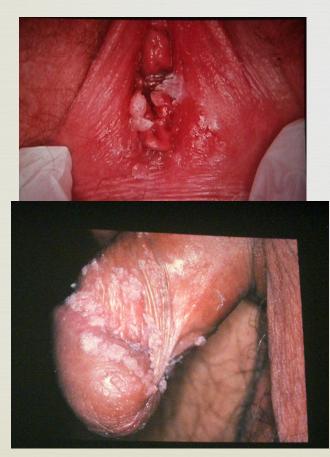
CR Uncommon autosomal dominant condition Affects mucosal surfaces (oral, esophageal, genital) Representation White, keratotic epithelium R Diagnosis: biopsy Ratment: none for genital lesions



Oral lesion

Skin-Colored Lesions

External Genital Warts



Condyloma Latum





Source: McPhee SJ, Papadakis MA: Current Medical Diagnosis and Treatment 2011, 50th Edition: http://www.accessmedicine.com Copyright @ The McGraw-Hill Companies. Inc. All rights reserved.



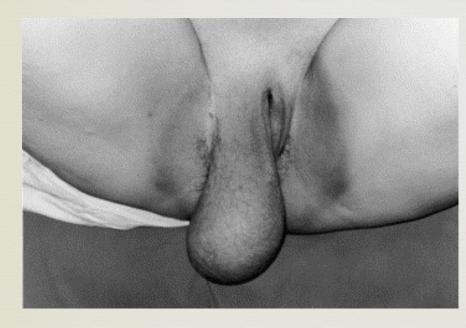
Skin Tags (Acrochordons)

Fibroepithelial polyps
 Soft, skin-colored/tan
 Inguinal folds, inner thigh, buttocks, rare on penis

- Not on modified mucus membranes
- 🛯 Diagnosis: clinical
- Reded Treatment: none



Lipomas



Rare
Soft, smooth, skin-colored, mobile
Labia majora and periclitoral areas
Diagnosis: clinical
Treatment: not needed unless bothersome

Squamous Carcinoma

HPV-Related

- - OS Pink
 - CS Red
 - 😋 Brown
 - **Black**
 - 3 Skin-colored
- CR Longer stage from in-situ to invasive
- Real Younger men
- R Multiple lesions
- 🛯 Shaft, perianal

Non-HPV Related

- R Less variegated
 - CS Red
 - 🕫 White
 - Skin-colored
- More rapid progression from in-situ to invasive

- 🛯 Glans, corona, prepuce
- Association with lichen sclerosis

"PIN" and Invasive Cancer



Penile Intraepithelial Neoplasia



Squamous Cell Cancer



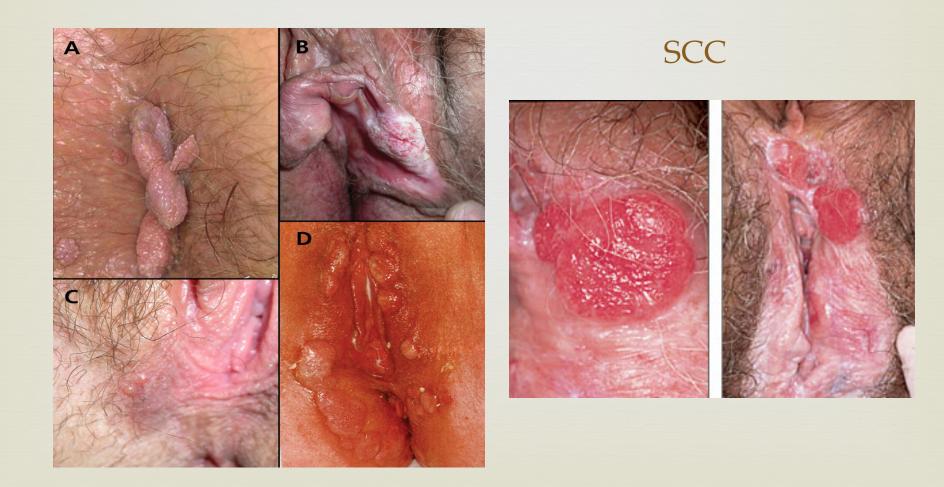
"VIN" and Invasive Cancer

HPV-Related
Rel topped papules, plaques
Multiple lesions
Red, brown, skin-colored
Younger women
Vestibule, labia majora and vulva, perianal

Non-HPV Related R Solitary lesions Real Pink, red, white Rodule, ulcer CR Older women Restibule, labia minora Association with lichen sclerosis and lichen planus

VIN & SCC

VIN



Basal Cell Carcinoma

Solitary papule, plaque, or nodule Ray be ulcerated CR Only on keratinized skin S Women: labia majora 🛯 Men: scrotum, penis **3** Perianal: both R Diagnosis: biopsy



Pigmented Lesions

Seborrheic keratoses
Pigmented warts
Intraepithelial neoplasia
Kaposi sarcoma
Genital melanosis
Pigmented nevus (mole)
Melanoma

Seborrheic Keratoses





Sites: truck, genitals, lower limbs
Sharply marginated
Scale or waxy feel
Cause unknown
Biopsy to rule out malignancy

Pigmented Warts





Source: Usatine RP, Smith MA, Mayeaux EJ Jr, Chumley H, Tysinger J: The Color Atlas of Family Medicine: www.accessmedicine.com Copyright © The McGraw-Hill Companies, Inc. All rights reserved.

Intraepithelial Neoplasia



Vulva, penis, scrotum
Tan, brown, black
History
Biopsy for diagnosis

Genital Melanosis

Real Flat, dark, smooth Real More common on mucosa (labia minora, glans, prepuce) Solitary or multifocal **Asymmetry** Real More common in middle age and older **R** Biopsy



Pigmented Nevus



Common nevi: 90%

🖙 Tan, brown, even color

🛯 Dysplastic nevi

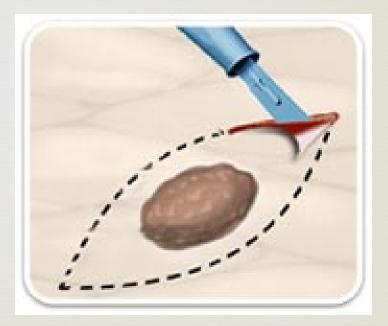
 Brown, asymmetry, speckling of color (with red, white, blue)

🛯 Atypical nevi

- Like common, but larger (>6 mm)
- May have bumpy surface
- - 🗷 Black, smooth
 - 🛯 Macule, papule, patch

Pigmented Nevus

Common nevus No biopsy if no atypia Nevus from LS Refer for biopsy Dysplastic nevus Refer for biopsy Atypical nevus Refer for biopsy



Melanoma

Presentation

- Realized Black exophytic mass
- Color variegation
- R Location:
 - 🛯 Labia, clitoris
 - 🛯 Glans, prepuce, shaft
 - 🛯 Anus
- May be nodular or ulcerated

- More common in Caucasians
- 🛯 DDX: atypical nevi
- Genetic etiology?
- Relation to HPV?

Melanoma

CB





Dermatologic Procedures



<u>https://www.youtube.com/watch?v=FohwEA5byY</u>
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Local Anesthesia

1% lidocaine
May add epinephrine for vulva
0.5 to 1.0 mL
30 gauge needle





Punch Biopsy:

http://www.youtube.com/watch?v=7CzDEok8Wmo

Shave Biopsy: https://www.youtube.com/watch?v=nbdmmukko4s

Basic Suture Technique

http://www.youtube.com/watch?v=6P0rYS6LeZw

http://www.youtube.com/watch?v=bXqvo2St8lE

Clinical Resources

Biopsy of the Vulva

A http://emedicine.medscape.com/article/1998133-overview

Biopsy of the Penis

A http://emedicine.medscape.com/article/1997665-overview

Acknowledgements

 Content from Edwards & Lynch, (2011) Genital Dermatology Atlas (2nd ed.). Wolters Kluwer/LWW
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