QFP, MEC and SPR Updates: What’s New with QFP?

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## Disclosure

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<th>Loretta E Gavin, PhD, MPH</th>
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<td><strong>Commercial Interest</strong></td>
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During this presentation, I will:

- Describe efforts to keep QFP updated with the most recent scientific evidence
- List steps that OPA has taken to support QFP implementation
Efforts to Support QFP

Providing Quality FP Services (QFP)
- Ongoing updates

Implementation
- Training & Technical assistance
- Clinical decision support
- Quality improvement

Evaluation & Research

Surveillance
With CDC, we intend to re-release QFP every 4 years, with the next version due in late 2018 or early 2019.

Next revision may identify additional priority areas, systematic reviews are underway now:
- LGBT clients
- Other topic TBD

Convened an Expert Work Group to guide the process.

A wide range of stakeholders are engaged – Title X, primary care, maternal and child health, professional medical associations, client perspectives, health systems/users (Medicaid, VA, IHS, etc).
Occasional updates will be released approximately every 1-1.5 years, to list most current version of clinical recommendations cited in QFP.

First occasional update released in MMWR, March 2016

Updated USPSTF, CDC and professional medical association recommendations
QFP Implementation
Baseline survey of providers & service sites conducted in 2013

Found many areas of strength but also room for improvement

Three-year follow up under way now
Citations for Baseline Results


Performance Measures for Contraceptive Care

**Health Outcomes**
Percentage of female clients aged 15-44 years who are at risk of unintended pregnancy who adopt or continue use of FDA-approved methods of contraception that are: (1) most or moderately effective, or (2) LARC.

- Provisionally endorsed by the National Quality Forum
- Final decision in early fall 2016

**Patient-Reported Outcome**
- New award to the University of California-San Francisco to develop a patient-reported outcome measure
- Will capture client’s perception of their experience with care
- Goal is to submit for NQF endorsement in 2-3 years
Training & Technical Assistance

- The FPNTC website is the primary source for training on QFP, and contains:
  - Archived webinars
  - E-learning courses
  - Communities of practice
  - Job aids & client education materials

- Future efforts will build on the FPNTC work to:
  - Focus on supporting Title X grantees’ efforts to support their network of service sites and providers
  - Integrate a health systems framework aligned with the WHO & scientific evidence from implementation science

www.fpntc.org
QFP Implementation: Beyond Title X

Why do we care?

38 million women in need of contraceptive services (Guttmacher 2015).

- 4.5 million seen by Title X.
- >33 million seen by non-Title X providers or not receiving services.

Title X providers have unique knowledge & skills that can be used to strengthen the quality of care offered by other providers.

Partnering with others may make our job easier!
Supporting QFP Implementation in Other Systems of Care

Key partnerships include HRSA/BPHC, NACHC, CMCS, HRSA/MCHB and ASTHO.

Implementation efforts include:

• Development & use of clinical performance measures of contraceptive care.

• Modifying EHR systems to institutionalize clinical decisions supports for contraceptive care.

• Identifying and supporting Medicaid payment strategies that could increase access to contraceptive services, including LARC.
A new national surveillance report is in preparation, which documents the use of the services recommended in QFP.

It will be published as a MMWR Surveillance Summary.

Shows that many women and men are not receiving preventive services recommended in QFP.

Disparities exist by age, race/ethnicity, income and insurance status.
QFP has provided a foundation for providing client-centered family planning services in the context of Zika.

As efforts to address Zika as an emergency response, there is an opportunity to solidify and reinforce recent advances in the delivery of family planning services, so that there is a more sustained and widespread impact.
Questions?

For more information, contact:

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