PrEP FOR HIV PREVENTION IN THE FAMILY PLANNING SETTING

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DISCLOSURES

- Nothing to disclose
OBJECTIVES

- Define PrEP and report the efficacy of PrEP in women
- Describe how to identify women eligible for PrEP
- Outline implementation strategies for how to integrate PrEP into family planning care
- List clinical pearls in providing PrEP to women
ONE PILL.
ONCE A DAY.
Protect against HIV.
YOU ARE NEARLY PrEP EXPERTS ALREADY!

- Sexual health and pleasure conversations
- Emphasis on prevention and harm reduction
- Shared decision-making

- As easy as OCPs!
  - Ideally start before risk occurs
  - Adherence support - same time every day
  - Side effect counseling
  - Contingency planning
  - “Back-up” method = condoms!
ONE PILL.
ONCE A DAY.
Protect against HIV.
**Steps for Pregnancy Prevention**

- Evaluate and educate about pregnancy risk
- Shared decision-making re: method(s)
- Screen for pregnancy, STI, and HIV
- Prescribe EC and contraception
- Tailor additional follow-up as needed
Evaluate and educate about HIV risk
Shared decision-making re: method
Screen for pregnancy, STI, and HIV
Baseline labs (HIV, Hep B, renal)
Prescribe PEP* or PrEP
Hepatitis B vaccine if not immune
Follow-up at 1 month, then q3 months
Tailor additional follow-up as needed

*Post-exposure prophylaxis (PEP) indicated if HIV exposure risk within 72 hours prior to encounter
Be proactive
Shared decision-making
Facilitate self-assessment of HIV vulnerabilities
- ACOG: Sexual activity within high HIV-prevalence area or social network and
  - Inconsistent or no condom use
  - Diagnosis of bacterial STIs*
  - Exchange of sex for commodities
  - Use of IV drugs* and/or alcohol dependence
  - Incarceration
  - Partner(s) with unknown HIV status and any of above vulnerabilities
- Unintended pregnancies
- Partner living with HIV*

TRUST WOMEN

*CDC Guidelines - Preexposure Prophylaxis for the Prevention of HIV Infection in the United States 2014 Clinical Practice Guideline
RULE OUT HIV

- **Acute infection work-up**
  - TDF/FTC alone in people living with HIV (PLWHIV) may cause viral resistance

- **Post-exposure prophylaxis (PEP) when appropriate**

- **HIV testing q3 months**

- **Resources in place in case people test HIV+**
Baseline
- HIV, Hep B screen, renal function, STI, pregnancy

At least q3 months
- HIV, pregnancy testing

At least q6 months
- Renal function
- STI testing

Resources for consultation
As do pregnancy/parenting intentions change over time, so does vulnerability for HIV

Sero-different couples desiring pregnancy

No interactions with contraception

Safe in pregnancy and lactation

- Antiretroviral Pregnancy Registry


- Administration buy-in
- Involve community: development and marketing
- Identify staff interested in PrEP
  - PrEP Clinical Champions/Working Group
- Be intentional about rolling out
  - Protocols (procedures, billing codes)
  - Skills-building, case-based training
  - If high-volume, dedicated staff for navigating insurance/payment assistance programs
Skills development
Engaging sexual partners
Enhance sex-positivity - more pleasure when less fear!
Expanding community
Anyone interested in PrEP who will benefit from HIV prevention

- Women of color and their partners
- Men who have sex with men (MSM)
- Trans-masculine people
- Trans-feminine people
- Non-binary/gender-fluid
- Older folks
- Youth
RESOURCES FOR PROVIDERS

- CDC PrEP guidelines and provider supplement

- CDC Perinatal HIV Guidelines:

- ACOG Committee Opinion Preexposure Prophylaxis for Prevention of HIV, May 2014.
Provides clinicians of all experience levels with cost-free, confidential, timely, expert responses to questions on:

- HIV/AIDS management
- Occupational and non-occupational exposure management
- Management of HIV in pregnant women and their infants
- Providing PrEP as part of HIV prevention

**HIV MANAGEMENT:** 800.933.3413  
9 AM – 8 PM EST, M-F

**PEPLINE:** 888.448.4911  
9 AM - 2 AM EST, EVERY DAY

**PERINATAL HIV HOTLINE:** 888.448.8765  
9 AM - 2 AM EST, EVERY DAY

**PREPLINE:** 855.448.7737  
11 A.M. - 6 P.M. EST, M-F

**ONLINE CONSULTATION:** NCCC.UCSF.EDU

The CCC at UCSF/SFGH is a project of the HRSA AETC Program & the CDC. http://nccc.ucsf.edu
RESOURCES FOR PROVIDERS

MIDWEST

MHPPI

HIV Prevention + Pregnancy Planning Initiative

http://mhpppi.org/
RESOURCES FOR PATIENTS

Call the Chicago PrEP Line at 872-215-1905 for answers to your PrEP questions

PrEP Providers in Illinois —

PrEP
ONE PILL.
ONCE A DAY.
Protect Against HIV.

http://prep4love.com/
RESOURCES FOR PATIENTS

Are you HIV negative but worry you might become positive?

Take Charge

A Pill A Day Keeps HIV Away

Paying for Prep

Taking Daily Medication

Source: http://www.cdc.gov/hiv/risk/prep/
RESOURCES FOR PATIENTS

Many Thanks

- Midwest HIV Prevention and Pregnancy Planning Initiative
- Planned Parenthood Illinois
- Planned Parenthood of the Rocky Mountains
- Denver Public Health